

Please read the following instructions carefully before your health check



- ▶ Health Check begins at 9.00 am. Kindly take prior appointments on +91 9120009066
- ▶ Appointments for packages that require you to be on empty stomach are given only up to 10.30 am, as fasting blood investigations done later in the day do not give an accurate outcome.
- ▶ Please come on an empty stomach, i.e. you need to be fasting overnight; however, you are advised to have 2-3 glasses of plain water before coming for your health check, to facilitate an ultrasound on full bladder.
- ▶ Kindly bring your morning samples of urine and stool (if part of your package), in clean dry containers. (Containers can be collected a day in advance from the Octavia Hospital or from any nearby chemist).
- ▶ In case you are on any medication, please bring them with you and take them after breakfast (provided as part of the package). If you experience any discomfort, we shall have you meet our physician immediately.
- ▶ If you are diabetic, do not take insulin in the morning; the same can be taken along with breakfast, after fasting blood sample and ultrasound have been done.
- ▶ If you are a smoker, please do not smoke on the day of your health check.
- ▶ Ladies are advised NOT to undergo their health checks during menstrual cycle.
- ▶ Ladies undergoing health checkup are advised NOT to use deodorants, perfumes or talcum powders on the day of health check.
- ▶ Please wear loose, comfortable clothes and footwear, as you may need to change into a hospital gown during some of the investigations.
- ▶ If desired, you may bring one attendant with you; the attendant should not be a child below 12 years of age.
- ▶ Please report at the Octavia Hospital ground floor reception.
- ▶ If you are diabetic, or have high blood pressure, or are pregnant, or have any other clinical condition, please inform the reception staff at the time of registration. If pregnant or suspecting pregnancy, you SHOULD NOT undergo X-Ray, mammography or bone densitometry.
- ▶ If pregnant / suspecting pregnancy please carry your gynaecologist's prescription for ultrasound with sign and stamp.
- ▶ On Day One, you will undergo all investigations and consultation with the physician; your review with the physician along with all reports and summary will be fixed for Day Two, If desired, physician consultation may also be combined with Review on Day Two.
- ▶ Avoid carrying your valuables along. Avoid wearing any kind of jewellery for your health check-up. Keep minimal belongings.
- ▶ 20% discount is applicable on select additional tests, if prescribed by Physician I Surgeon I Gynaecologist on Day 1 /Day of Review.
- ▶ All prices are subject to change without prior notice.

OCTAVIA HOSPITAL

📍 Bharlai, Shivpur, Near Airport Road, Varanasi – 221003

✉ info@octaviahospitals.com 🌐 www.octaviahospitals.com

Essential Care Health Package

Name of the Test	Parameters
Hemogram	Hemoglobin Packed Cell Volume RBC Count Total WBC Differential Count Platelet Count MCV MCH MCHC
Lipid Profile	Total Cholesterol HDL Cholesterol LDL Cholesterol Triglycerides Total Cholesterol/HDL Ratio VLDL Cholesterol
Blood Sugar	Fasting Blood Sugar PP Blood Sugar, HbA1C

Liver Profile	Total Protein Albumin Globulin SGPT SGOT Alkaline Phosphatase Bilirubin Total Bilirubin Conjugated Bilirubin unconjugated
Renal Profile	Urea Creatinin Uric Acid Urine Routine Urine Routine (Microscopic) Analysis
Thyroid Profile	TSH, T3 & T4
Doctor Consultation	Physician Consultation/Internal Medicine Specialist

Value Add :-

1. Diet Counselling and Diet Chart
2. Digital Report Sharing (via E-mail)
3. Physiotherapy Consultation (If Clinically Indicated)
4. 20% Discount on OPD Cross-Consultation and investigation

~~MRP : Rs. 4500/-~~

**OFFERED
PRICE : ₹ 2999/-**

Executive Health Package

Name of the Test	Parameters	Liver Profile	Total Protein
Hemogram	Hemoglobin	Renal Profile	Albumin
	Packed Cell Volume		Globulin
	RBC Count		SGPT
	Total WBC		SGOT
	Differential Count		Alkaline
	Platelet Count		Phosphatase
	MCV		Bilirubin Total
	MCH		Bilirubin Conjugated
	MCHC		Bilirubin unconjugated
	ESR		Urea
Lipid Profile	Total Cholesterol	Creatinin	Uric Acid
	HDL Cholesterol	Urine Routine	Urine Routine (Microscopic)
	LDL Cholesterol	Urine Routine (Microscopic)	Analysis
	Triglycerides	Thyroid Profile	TSH, T3 & T4
	Total Cholesterol/HDL Ratio	Heart Function	ECG
	VLDL Cholesterol	Gut Health	Stool Occult Blood
Blood Sugar	Fasting Blood Sugar	Radiology	X-ray Chest
	PP Blood Sugar	USG Whole Abdomen	
	HbA1C	Doctor Consultations	Physician
			Gynecologist (for Female)

Value Add :-

1. Diet Counselling and Diet Chart
2. Digital Report Sharing (via E-mail)
3. Physiotherapy Consultation (If Clinically Indicated)
4. 20% Discount on OPD Cross-Consultation and investigation

~~MRP : Rs. 7000/-~~

OFFERED
PRICE : ₹ 4999/-

Heart Care Health Package

Name of the Test	Parameters			
Hemogram	Hemoglobin	Liver Profile	Total Protein	
	Packed Cell Volume		Albumin	
	RBC Count		Globulin	
	Total WBC		SGPT	
	Differential Count		SGOT	
	Platelet Count		Alkaline	
	MCV		Phosphatase	
	MCH		Bilirubin Total	
	MCHC		Bilirubin Conjugated	
			Bilirubin unconjugated	
Lipid Profile	Total Cholesterol	Renal Profile	Urea	
	HDL Cholesterol		Creatinin	
	LDL Cholesterol		Uric Acid	
	Triglycerides		Urine Routine	
	Total Cholesterol/HDL Ratio		Urine Routine (Microscopic)	
	VLDL Cholesterol		Analysis	
Blood Sugar	Fasting Blood Sugar	Thyroid Profile	TSH, T3 & T4	
	PP Blood Sugar, HbA1C		Heart Function	ECG
				2D Echo with Color Doppler
	TMT			
		Radiology	X-ray Chest	
		Doctor Consultation	Cardiac Consultation	

Value Add :-

1. Diet Counselling and Diet Chart
2. Digital Report Sharing (via E-mail)
3. 20% Discount on OPD Cross-Consultation and investigation

~~MRP : Rs. 8650/-~~

OFFERED
PRICE : ₹ 5999/-

Premium Health Package

Name of the Test	Parameters	Renal Profile	Urea
Hemogram	Hemoglobin		Creatinin
	Packed Cell Volume		Uric Acid
	RBC Count		Urine Routine
	Total WBC		Urine Routine (Microscopic)
	Differential Count		Analysis
	Platelet Count		Thyroid Profile
	MCV		TSH, T3 & T4
	MCH		Heart Function
	MCHC		ECG
	ESR		TMT / ECHO
	Peripheral Smear		Gut Health
Lipid Profile	Total Cholesterol		Stool Occult Blood
	HDL Cholesterol		Radiology
	LDL Cholesterol		X-ray Chest
	Triglycerides		USG Whole Abdomen
	Total Cholesterol/HDL Ratio		Cancer Related Tests
Blood Sugar	VLDL Cholesterol		Breast Examination
	Fasting Blood Sugar		Cervical / Vaginal Smear
	PP Blood Sugar		(for female)
Liver Profile	HbA1C		Prostatic Specific
	Total Protein		Antigen-PSA Total (for Male)
	Albumin		Doctor Consultation
	Globulin		Physician Consultation
	SGPT		Gynecologist (for Females)
	SGOT		General Surgeon
	Alkaline		
Phosphatase			
Bilirubin Total			
Bilirubin Conjugated			
Bilirubin unconjugated			

Value Add :-

1. Diet Counselling and Diet Chart
2. Digital Report Sharing (via E-mail)
3. Physiotherapy Consultation (If Clinically Indicated)
4. 20% Discount on OPD Cross-Consultation and investigation

~~MRP : Rs. 11500/-~~

**OFFERED
PRICE : ₹ 7999/-**

Elite Health Package

Name of the Test	Parameters
Hemogram	Hemoglobin Packed Cell Volume RBC Count Total WBC Differential Count Platelet Count MCV MCH MCHC ESR Peripheral Smear
Lipid Profile	Total Cholesterol HDL Cholesterol LDL Cholesterol Triglycerides Total Cholesterol/HDL Ratio VLDL Cholesterol
Blood Sugar	Fasting Blood Sugar PP Blood Sugar HbA1C
Liver Profile	Total Protein Albumin Globulin SGPT SGOT Alkaline Phosphatase Bilirubin Total Bilirubin Conjugated Bilirubin unconjugated
Renal Profile	Urea Creatinin Uric Acid Urine Routine Urine Routine (Microscopic) Analysis

Thyroid Profile	TSH T3 T4
Heart Function	ECG 2D Echo TMT
Serum Electrolytes	Sodium Potassium Chloride
Bone Check	Calcium Serum Phosphorus
Gut Health	Stool Test Stool Occult Blood
Cancer Related Tests	USG (Breast) Breast Examination Cervical/Vaginal Smear (for female) Prostatic Specific Antigen-PSA
Total (for Male)	
Sexual Health	Hepatitis B Surface antigen (HBSAg)
Vitamins	D B 12
Radiology	X-ray Chest USG Whole Abdomen
Doctor Consultations	Physician Cardiologist General Surgeon Gynecologist (for Female) Dentist

Value Add :-

1. Diet Counselling and Diet Chart
2. Digital Report Sharing (via E-mail)
3. Physiotherapy Consultation (If Clinically Indicated)
4. 20% Discount on OPD Cross-Consultation and investigation

~~MRP : Rs. 20000/-~~

OFFERED
PRICE : ₹ 14999/-